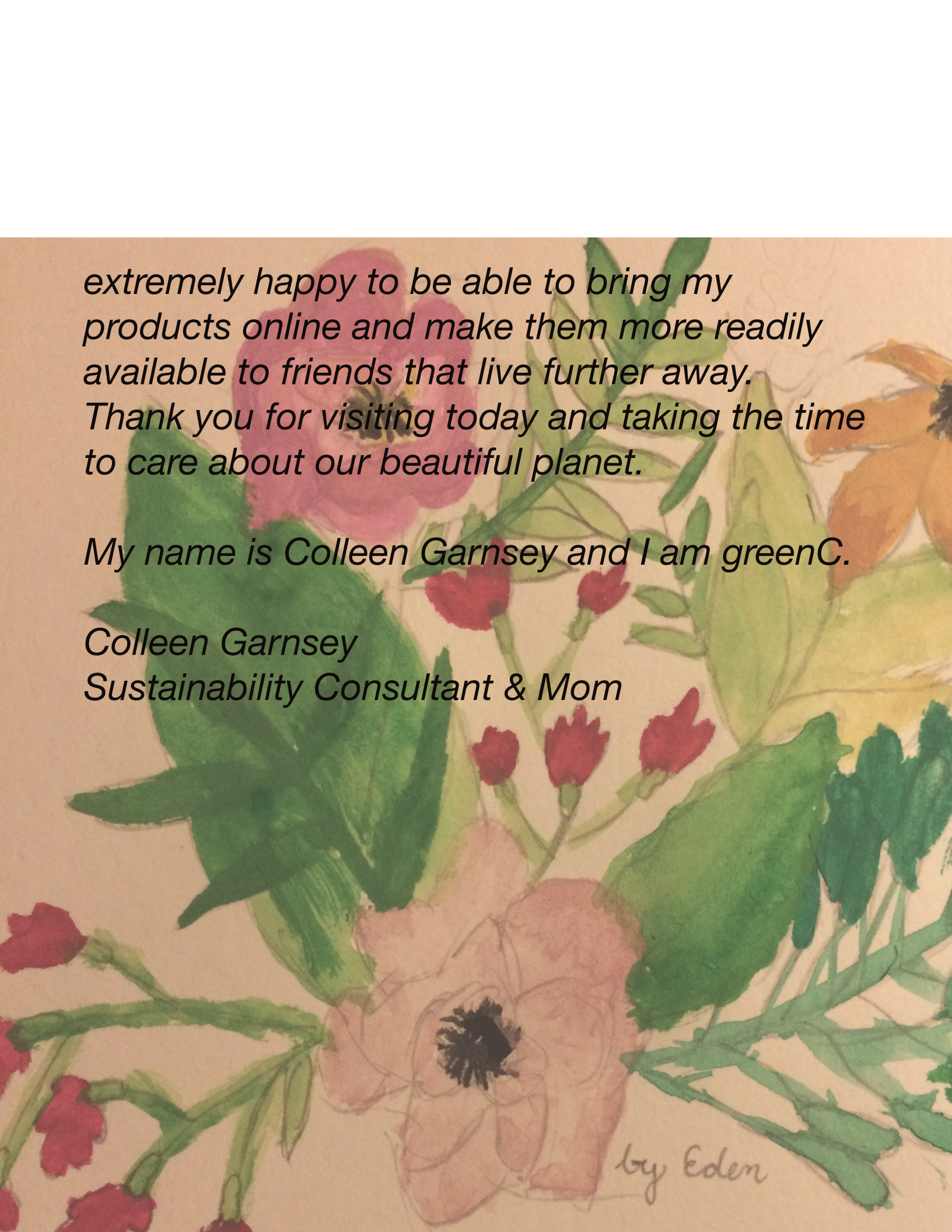


about greenC

greenC began when I had my girls. I began to read labels and truly care about what I put on their skin and in their bodies. I also cared deeply about preserving the planet for them and for their children. I started to eliminate toxins in our home and reduce our use of plastics. I also learned to cook. When my hubby first came over (almost 20 years ago!) to make me dinner he was shocked to find I only had 5 spices in my cupboard. He had to go back to the store. Once we had our kids I saw the importance of eating fresh meals together and I took an interest in herbs and how to flavour food. Now I love to cook and am easily excited by fresh organic produce and foodie websites. I now carry local, toxin free, sustainable products for our everyday lives. I happily attend markets all over Calgary where I meet loads of like minded people. I am

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extremely happy to be able to bring my products online and make them more readily available to friends that live further away. Thank you for visiting today and taking the time to care about our beautiful planet.

My name is Colleen Garnsey and I am greenC.

*Colleen Garnsey
Sustainability Consultant & Mom*

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